

**Greater Cincinnati Herpetological Society**  
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**Common Name:** Nile Monitor

**Scientific Name:** *Varanus niloticus*

**Native to:** Africa, from Egypt to South Africa. Found anywhere there is water.

**Size:** Typically 4 to 6 feet, although rare 8 foot specimens are known.

**Life span:** 10 to 15 years if given proper care.

**General appearance:** This is a large, powerful lizard with a long neck and tail. Large powerful limbs are equipped with long talons. A flattened ridge down the back of the tail helps in swimming. A blue-purple forked tongue darts in and out of the mouth when the monitor is in motion or interested. The ground color varies from white to yellow-green, with markings of grey to black forming a band across the eyes, hashes crossing the mouth, chevrons down the neck, bands of spots across the body, spots on the limbs, and rings around the tail.

**Housing requirements:**

**Enclosure:** Even a small adult Nile monitor will need a set-up about the size of a dinner table or large sofa. Larger animals will require an entire room for an enclosure. When converting a room for a monitor cage, remember that these animals can dig through dry wall, so you will need to reinforce the walls. Avoid wire mesh in construction of your cage. This not only lets the heat and humidity out, but large monitors can dig even through heavy gauge hardware cloth.

**Temperature:** The cool side of the enclosure should be between 75° and 80° F, with temperatures increasing to 90° to 100° F on the hot end with basking spots as large as the lizard's body that reach 110° to 130° F. Night time temperatures can fall to normal room temperature.

**Heat/Light:** A warm basking spot should be provided by radiant light. Racks of flood lamps work well for this, plan on 3 to 6 lamps at 90 to 120 watts each. Adjust the height above the basking spot to reach the ideal temperature.

**Substrate:** Dirt provides the best substrate. It needs to be deep enough to allow the lizard to construct tunnels and burrows naturally. This provides not only security, but helps with regulating humidity and temperature. Beware, not all dirt is created equal. Go to a nursery or landscape supply business and choose a dirt that holds a burrow and humidity, drains well, is not too dusty, and does not turn to slime when wet. Fill the monitor's cage to a depth of 2 to 3 feet.

**Environment:** Nile monitors require access to a pool of water for swimming and drinking. Depending on the lizard's size, a cat litter pan or a concrete mixing trough can serve, although small stock watering tanks may be necessary for larger individuals. Sturdy branches will allow your lizard to exercise by climbing.

**Diet:** Adult Nile monitors can be fed a staple diet of frozen-thawed mice or rats. Other food items will be eagerly accepted, but are not necessary for balanced nutrition - feed them only for your entertainment or that of the monitor. Juveniles can be raised on a diet of insects dusted with vitamin and mineral powder and appropriately sized rodents.

**Maintenance:** Clean up feces and urates as soon as you notice them, inspect the cage at least once daily for cleanliness. Replace the water when it becomes soiled or dirty and scrub out the dish. The top substrate can dry out, but make sure it remains moist (not wet) underneath. Add a few buckets of water to the cage as necessary to keep the substrate slightly damp.

**Other references or recommended reading:**

Faust, Robert. Nile Monitors. Hong Kong: Barron's 2001.

Bartlett, R. D and Bartlett, Patricia. Monitors, Tegus, and Related Lizards. Hong Kong: Barron's 1996.

Bennett, Daniel. Monitor Lizards: Natural History, Biology & Husbandry. Frankfurt: Edition Chimaira 1998.

King, Dennis and Green, Brian. Goanna: The Biology of the Varanid Lizards. Kensington NSW Australia: New South Wales University Press 1993.

This document is for guidance only and should not be used as the sole source of information. New information is being developed daily. It is recommend that a concerted effort be made to maintain up-to-date knowledge of the animals of interest